



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POSITIVE PARENTING EDUCATION CLASS

BAYVIEW YMCA FAMILY RESOURCE CENTER
BAYVIEW HUNTERS POINT YMCA

This is a 10-week parenting program for parents and caregivers who have children between the ages 2 -12 years. Snacks and refreshments will be provided, as well as child watch services. There will be a \$25.00 gift card incentive upon successful completion of the parenting class, and transportation assistance may be provided.

First session is mandatory.

Session 1:	Survey / Orientation / Principles of Positive Parenting
Session 2:	Helping Children Develop
Session 3:	Managing Misbehavior
Session 4:	Planning Ahead & Parent Traps
Session 5:	Teaching New Skills/Using Positive Parenting Strategies
Session 6:	Module 1.1-2 Getting out of Parent Traps
Session 7:	Module 2.1-2 Recognizing & Understanding Your Anger
Session 8:	Managing Your Anger continued/Program closure review
Session 9	Program Closure / Post Test
Session 10	Graduation Ceremony!!!! (Certificate of completion issued)

Class meets every Tuesday

Cycle of sessions: April 9th thru June 11, 2019

Time: 5:45pm to 7:30pm

Location: 1601 Lane Street, 3rd Floor

For enrollment, please contact Marlyn Murcia or Monte Hardy
BAYVIEW HUNTERS POINT YMCA

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