



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# TRIPLE P PARENT EDUCATION CLASS

BAYVIEW YMCA FAMILY RESOURCE CENTER  
BAYVIEW HUNTERS POINT YMCA

This is a 6 week class that meets twice a week, for parents and caregivers padres who have children between the ages 2 -12 años. Class begins November 7, 2017 and ends December 12, 2017 from 5:30pm to 7:30pm, every Tuesday and Thursday. Dinner, snacks, and child watch will be provided. There will be a gift card upon completion of the class. Registration is required!

Sesión 1:	Encuesta /Introducción (requisito) What is Positive Parenting?	11/7/17
Sesión 2	What is Positive Parenting? continued.	11/9/17
Sesión 3:	Promoting Child Development /Promoviendo el desarrollo infantil	11/14/17
Sesión 4:	Manejo de la mala conducta I/Managing Misbehaviors	11/16/17
Sesión 5:	Planificar anticipadamente/ Planning Ahead	11/21/17
Sesión 6:	Módulo1.1 Trampas de la paternidad/Avoiding Parent Traps	11/28/17
Sesión 7:	Módulo1.2 Como escapar de una trampa de la paternidad/Getting Out of Parent Traps	11/30/17
Sesión 8:	Modulo2.1 Reconozca y entienda la ira/Recognizing / Understanding Anger	12/5/17
Sesión 9:	Modulo2.2 Aprenda a manejar su ira/Managing Your Anger	12/7/17
Sesión 10:	Encuesta Final/ Graduación!!!	12/12/17

Clases are every Tuesday and Thursdays  
Date: November 6, 2017 until December 12, 2017  
Time: 5:30pm a 7:30pm  
Locación: 1601 Lane Street. SF, CA

For enrollment please contact Marlyn Murcia at 415-822-9404 ext. 4239.  
BAYVIEW HUNTERS POINT YMCA  
1601 Lane Street, 3<sup>er</sup> Piso.  
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