



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POSITIVE PARENTING EDUCATION CLASS

BAYVIEW YMCA FAMILY RESOURCE CENTER

BAYVIEW HUNTERS POINT YMCA

This is a 12-week parenting program for parents and caregivers who have children between the ages 2 -12 years. Snacks and refreshments will be provided, as well as child watch services. There will be a \$25.00 gift card incentive upon successful completion of the parenting class. First session is mandatory.

Session 1:	Introductions / Orientation / Welcome
Session 2:	Principles of Positive Parenting
Session 3:	Parent-Child Relationships
Session 4:	Teaching New Skills
Session 5:	Managing Misbehavior – Part 1
Session 6:	Managing Misbehavior – Part 2
Session 7:	Planning Ahead & Parent Traps
Session 8:	Getting out of Parent Traps
Session 9:	Recognizing & Understanding Your Anger
Session 10:	Managing Your Anger
Session 11:	Family Survival / Post Test
Session 12:	Graduation Ceremony!!!! (Certificate of completion issued)

Class meets every Tuesday

Cycle of sessions: January 23, 2018 thru April 10, 2018

Time: 5:45pm to 7:30pm

Location: 1601 Lane Street, 3rd Floor

For enrollment, please contact Faye Henderson, M.Ed.

BAYVIEW HUNTERS POINT YMCA

1601 Lane Street, 3rd Floor,

San Francisco, CA 94124

P. 415.822.9404 ext. 4236F. 415.822.9405

