

Small changes,  
big differences.



## **Triple P Group**

*For parents with children ages 4 to 12*

*Since children do not come with an instruction manual, these classes can help you*

- **Reduce family conflict**
- **Become a more confident parent**
- **Make and enforce rules/routines that your kids will follow**
- **Enjoy a more peaceful family life**

**Thursdays from 4:30 PM to 7:00 PM**

**March 28th, 2019 to June 13th, 2019**

Foster Care Mental Health Program  
3801 3<sup>rd</sup> Street, Ste. 400  
San Francisco, CA 94124

**DINNER AND CHILDCARE WILL BE PROVIDED!**

**FOR MORE INFORMATION PLEASE CONTACT:**

**NAOMI FRIEDLING at: 415-206-5549**

**(Please note that space is limited, so register now)**

**[www.triplep.net](http://www.triplep.net)**