



# Gum Moon Women's Residence/ Asian Women's Resource Center 金門女子公寓/亞洲婦女服務中心



Individuals will receive a certificate upon completion of all 10 sessions  
參加者如果能夠完成全個課程 (10 課)，將獲頒證書一份

- Positive Parenting 親子正面教育策略
- Promoting Children's Development 幫助孩子成長
- Managing Misbehavior & Positive Discipline 管理兒童不當行為
- Planning Ahead For Activities 提前計劃
- Self Care & Stress Management 自我照顧及壓力管理

DATE 日期: 2/7/2019 - 4/25/2019

TIME 時間: Every Thursday (逢星期四)  
10:00 AM - 12:00 PM

VENUE 地點: Asian Women's Resource Center  
940 Washington St, S. F. CA 94108  
亞洲婦女服務中心 - 三藩市華埠華盛頓街 940 號

**Refreshments & Incentives (Transportation Assistance is available if needed)**  
中心會提供點心及小獎勵 (如有需要，提供交通費補助)

Sponsored by



Contact 聯絡人: Lucy Tao at 415-788-1008