



FRC- Potrero Hill
1805 25th St
San Francisco, CA 94107
www.ymcasf.org/urban

POSITIVE PARENTING CLASS TRIPLE P

April 10th- June 26th (Every Wednesday)

4:30-6:30 PM

Where: 1095 Connecticut St

San Francisco, CA 94107

For English speaking parents of children with children
aged 0-8 years old.

This free 12-week program aims to help parents or
caregivers improve their parenting skills and build
positive relationships with their children.

Contact: Surbhi Sharma at 628-400-2316

Email: ssharma@ymcasf.org

The class includes:

- Managing misbehavior • Recognizing & Managing anger • Positive parent/child relationship •

A free meal will be included with each class!

Eligible for a gift-card at the end of the 12-week session!

