

Small changes,  
big differences.



**Triple P Group** *(in Spanish)*  
**For parents with children ages 5 to 12**

*Since children do not come with an instruction manual, these classes can help you*

- **Reduce family conflict**
- **Become a more confident parent**
- **Make and enforce rules/routines that your kids will follow**
- **Enjoy a more peaceful family life**

**Wednesdays from 4:30 PM to 7:00 PM**

Zuckerberg San Francisco General Hospital  
Building 5; 1001 Potrero Ave  
San Francisco, CA 94110

**October 10th, 2018 to December 19th, 2018**

**DINNER AND CHILDCARE WILL BE PROVIDED!**

**FOR MORE INFORMATION PLEASE CONTACT:**

**NAOMI FRIEDLING at: 415-206-5549**

**(Please note that space is limited, so register now)**

[www.triplep.net](http://www.triplep.net)

**UCSF** Department of  
Psychiatry

**ZUCKERBERG  
SAN FRANCISCO GENERAL  
Hospital and Trauma Center**