



Triple P HELP! I'm raising a TEENAGER!!!



What: Triple P Parenting Classes will give us the opportunity to learn some new positive parenting strategies together as a group. Dawn Stueckle, Executive Director at Sunset Youth Services will lead us as we learn and grow together.

Where: Sunset Church
3625 Lawton Street
(between 42nd and 43rd)

When: Tuesday Nights
6:00-8:30pm
Starting Tuesday, September 18, 2018

Who: Parents of Kids (11-17 years old)

How: To register contact Maria Dajani at
415.665.0255 or
maria@sunsetyouthservices.org

Details:

Dinner and childcare provided! Childcare will be provided by fingerprinted and experienced childcare workers.

This training program will go for 12 weeks and end in a graduation. We recognize this is a big commitment, but in the long run 12 weeks is a short part of your teenager's life. However, if you are struggling with their behavior now, then their teenage years can feel like a miserable eternity. Come learn some strategies that will help you be the best parents you can be so you can completely enjoy them.

We will be together from **September 18th – December 11th** (no class **November 20th**). Please put it in your calendar and plan to attend regularly. Each week builds on the week previous and if you miss, you won't get the skills.

If there is something else we can do to make this more accessible to you please let us know. We really want this to be a pleasant and relaxing time of learning.

Because I said so!

Do your homework!

I SAID NO!

WAKE UP!