

TRIPLE-P

A 12-week Parenting Skills Group for Parents with Children Ages 2-12

With the guidance of trained group leaders, parents will work together and support each other to learn and practice new skills and share ideas to reach family goals.



MONDAYS

10:00 a.m. – 12:00 p.m.

Facilitated by Katie Bilsky and Daphne Humes

Sept 10 - Dec 3 2018

12-week Group

ENROLLMENT REQUIRED

Contact Katie Bilsky at (415) 668-0494 x430 to enroll, or sign up online at **safeandsound.org/signup**

Space is limited so call today!

Triple-P is an evidenced-based parenting class that has helped parents all over the world learn to better manage their children's behaviors and build better connections.

