

# TRIPLE P / EPSDT CROSSWALK

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for

**The Parent Training Institute**

San Francisco Department of Public Health



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## How to Use This Document

The purpose of the Triple P Crosswalk is to provide guidance between Triple P services and Early & Periodic Screening, Diagnosis and Treatment (EPSDT). The Crosswalk is 1 of 2 components of the **EPSDT Toolkit for Triple P Practitioners**. The other component is the “EPSDT for Triple P Practitioners” presentation.

The materials in this document are arranged in columns that provide a crosswalk and reference between the service and billing codes. This document includes both summary crosswalks (the primary service and billing codes for each session) and expanded crosswalks (billing codes for all session activities) for Triple P Levels 3, 4, and 5. Services are delineated according to “Service Types” and “Activities” and follow the sequential order of each Triple P Modules. The sample language under “Description” is characteristic under EPSDT and mirrors California Code of Regulations, Title 9 and is for guidance purposes only. The column listing “Relevant Regulatory Code” is crosswalked to the current California Code of Regulations, Title 9.

The acronym “CPT” stands for “Current Procedural Terminology” which is a code set that is used to report medical procedures and/or services. CPT is used in conjunction with the current International Statistical Classification of Diseases and Related Health Problems 10<sup>th</sup> Revision, Clinical Modification manual (ICD-10-CM) for the billing process..

The acronym “HCPCS” stand for “Healthcare Common Procedure Coding System”. This is used for billing to describe the services rendered for claim submission purposes.

HCPCS and CPT codes are two different code sets for medical billing. Both can be used to submit claims. These code sets are maintained by two different entities. CPT codes are copyrighted and maintained by the American Medical Association. HCPCS codes are maintained by the Center for Medicare and Medicaid Services (CMS). Finally, each County has its own “proprietary” codes that are unique to claiming in that County. The proprietary codes illustrated on this crosswalk are codes for the City and County of San Francisco. The code set you use should be based upon choosing the code that most accurately describes the service performed. Another factor to consider is where the claim will be submitted. It is always a good idea to check with your local Mental Health Plan (MHP) before submitting a claim.

Please note: The EPSDT Toolkit does not guarantee “audit-proof” records, but it is offered as guidance for Triple P practitioners based on current Federal and California State claiming standards

## Summary Crosswalks

## Level 3 Primary Care

(4 Sessions)

Session	Main Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
1	Intake Interview	Including: defining presenting problem, its onset, precursors, frequency, setting, developmental milestones, educational history, family relationships.	Assessment	<b>Full Assess:</b> 90801/570 <b>Brief Assess:</b> H2015/331
1	Tracking Behavior	Targeting behaviors to be tracked, quantifying frequency and measurable change; Goal setting.	Plan Development	H2015/331
2	Implementing Triple P Parenting Strategies	See expanded crosswalk for examples for each Triple P strategy	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
3	Implementing Triple P Parenting Strategies	See expanded crosswalk for examples for each Triple P strategy	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
4	Update progress / Plan for maintenance	Use the Goal Achievement Scale Worksheet/s to measure progress. Set future goals.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311

## Level 4 Group

(8 Sessions)

Session	Main Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
1	Causes of Child Behavior / Tracking Behavior	Educating caregivers about behavioral influences: genetics, environment/other influences. Assist caregivers in identifying relevant/possible and/or contributing influences.  Targeting behaviors to be tracked, quantifying frequency and measurable change; Goal setting.	Collateral Group	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311
1	Goals for Change	Targeting negative behaviors and identifying positive alternative outcomes and replacement behaviors by identifying skill-building and tasks associated with set behavioral goals.	Plan Development	H2015/331
2	Promoting Children's Development	See expanded crosswalk for examples for each Triple P strategy	Collateral Group	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311
3	Managing Misbehavior	See expanded crosswalk for examples for each Triple P strategy	Collateral Group	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311
4	Planning Ahead / Planned Activities Routine	Addressing with caregivers situations with their child that may present "high-risk", types of high-risk situations and how to be proactive and plan ahead.  Educating caregivers how to plan for activities and develop a routine.	Collateral Group	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311
5-7	Implementing Parenting Routines	Telephone contact with caregiver for the specific follow-up regarding progress of intervention strategies' effectiveness	Collateral	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311
8	Program Close	Identify and review previous session and topics of intervention and strategies to address negative behavior. Review potential obstacles and how to maintain change and progress.	Collateral Group	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311



## Level 4 Standard

(10 Sessions)

Session	Main Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
1	Intake	Assessment of child's developmental, educational, situational, and familial history of child and identified presenting behavior(s).	Assessment	<b>Full Assess:</b> 90801/570 <b>Brief Assess:</b> H2015/331
2	Review of Assessment Findings / Develop Goals for Change	Discussion of contributing factors or influences for behavior observed and plan goals for change.	Plan Development	H2015/331
2	Causes of Child Behavior	Educating caregivers about behavioral influences: genetics, environment/other influences. Assist caregivers in identifying relevant/possible and/or contributing influences regarding their child's behavior.  <b>CAVEAT: Do not go into the adult's stressors or history since this can be construed as <u>treating</u> the caregiver rather than educating the caregiver about how their behavior impacts the child's behavior.</b>	Collateral  ↓  ↓  ↓	<b>CPT staff (family):</b> 90846/482 (client not present) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
3	Promoting Children's Development	See expanded crosswalk for examples for each Triple P strategy		
4	Managing Misbehavior	See expanded crosswalk for examples for each Triple P strategy		
5-7	Practice Sessions	Provided either in the client's home or clinic. Addressing with caregivers goals of the session; assist caregiver in use of positive parenting strategies by practicing new intervention skills with their child.		
8	Planned Activities Training	Educating caregivers to expect improvement and situational challenges referred to as "high-risk times" and introducing planned activities and routines		
9	Implementing Planned Activities	Working with caregivers on practicing three planned activities. Reviewing positive parenting concepts and applying them with child.		
10	Closure	Review survival tips and maintenance strategies to build off successes in parenting strategies.		

## Level 5 Pathways

(5 Sessions)

Session	Main Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
1	Module 1: Parent Traps	Discussing with caregiver what are parent traps and normalizing the experience. Reviewing next steps/tasks. Defining common types of parenting traps specific to their child.	Collateral or Collateral Group	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311
2	Module 1: Getting Out of Parent Traps	Reviewing with caregivers some common parent traps. Exploring with caregivers their expectations and beliefs about their child's development and introduce intervention techniques to switch off negative behavioral patterns and replace them with positive ones.	Collateral or Collateral Group	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311
3	Module 2: Recognizing and Understanding Anger	Introducing caregivers to anger coping skills training and strategies to manage their anger and its effects on their parenting. <b>CAVEAT: Must focus on how the on how the intervention benefits the child or it will be disallowed. See the Expanded Crosswalk for details</b>	Collateral or Collateral Group	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311
4	Module 2: Managing Your Anger	Having caregivers practice on changing their negative thinking about their child including the situational triggers displayed by their child that lead to these negative thoughts and reactions. <b>CAVEAT: Must focus on how the on how the intervention benefits the child or it will be disallowed. See the Expanded Crosswalk for details</b>	Collateral or Collateral Group	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311
5	Module 3: Maintenance and Closure	Review maintenance strategies to build off successes in parenting strategies.	Collateral or Collateral Group	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311

**Level 5 Enhanced**  
**(3 Sessions per Module)**

Session	Main Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
<b>Practice Module</b>				
1-3	Module 1 (Practice)	Usually conducted in the child's home, eliminating distractions, Setting up goals and objectives with caregiver(s) to practice managing problem behaviors by creating a checklist of steps to follow to reinforce child's behavioral change.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>Coping Module</b>				
1-3	Module 2 (Coping)	<b>CAVEAT: These activities are non-claimable, since the focus of service intervention is exclusively on the caregivers.</b>	N/A	N/A
<b>Partner Support Module</b>				
1-3	Module 3 (Partner Support)	<b>CAVEAT: These activities are non-claimable, since the focus of service intervention is exclusively on the caregivers.</b>	N/A	N/A

## Expanded Crosswalks

## Expanded Crosswalk: Level 3 Primary Care

### Session 1

	Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
<b>SESSION 1</b>				
1	Session One Agenda Setting	Discussing with caregiver what help or resources are available and linkage to those resources. Reviewing next steps/tasks.	Case Management	<b>CPT staff:</b> 90882/600 <b>HCPC/Rehab:</b> T1017/391
2	Intake Interview	Including: defining presenting problem, its on-set, precursors, frequency, setting, developmental milestones, educational history, family relationships.	Assessment	<b>Full Assess:</b> 90801/570 <b>Brief Assess:</b> H2015/331
3	Behavioral Identification (Targeting/Tracking)	Targeting behaviors to be tracked, quantifying frequency and measurable change; Goal setting.	Plan Development	H2015/331
4	Parental Instruction	Tracking targeted behavior through Behavioral Diaries and Tallies; Recording on Behavioral charts	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> H2015/311
5	Monitoring and Recording	Alternative tracking techniques. Instruction on Forms and recording. Instructions to significant support person on time sampling.		
6	Behavioral Graphing	Working with caregiver on plotting information gathered from monitoring and recording.		
7	Session One Close	Review, summary of session, Explanation of homework tasks and next steps		
8	Session One Close	Scheduling Appointment	Administrative	<b>Non-Billable</b>

## Expanded Crosswalk: Level 3 Primary Care

### Session 2

	Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
<b>SESSION 2</b>				
<b>9</b>	Session Two: Setting Agenda	Review assessment, setting quantifiable objective goals, developing parenting plan focus on targeted behaviors.	Plan Development	H2015/331
<b>10</b>	Feedback of Assessment Results	Assess the presenting problem since intervention provided. Review triggers and the impact of consequences. Review caregiver perception of problem.	Assessment	<b>Full Assess:</b> 90801/570 <b>CPT staff</b> (start of service; new episode) <b>Brief Assess:</b> H2015/331
<b>11</b>	Causes of Child Behavior Problems	Educating parents about behavioral influences: genetics, environment/other influences. Assist parents in identifying relevant/possible and/or contributing influences.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>12</b>	Goals for Change	Discussion and development of goals with Parents.	Plan Development	H2015/331
<b>13</b>	Parenting Plan	Explaining parenting plan; Model successful strategies, Reinforce and provide feedback to parent.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>14</b>	Quality Time	Working with caregiver on intervention strategies. Educating parent on the value of quality time and how to reinforce positive behavior to replace negative behaviors	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>15</b>	Talking with your Child	Working with caregiver on intervention strategies. Educating parent on the value of listening to their child's interests and how to better communicate with their child includes ideas of reciprocation and turn-taking. Reinforce positive behavior to replace negative behaviors		
<b>16</b>	Showing Affection	Educating caregivers on building trust and bonding with child. Instructs caregivers how to emphasizing focus on rewarding positive behavior and avoid reinforcing misbehavior (accidental reward and planned ignoring)		

	<b>Triple P Activity</b>	<b>Description</b>	<b>Activity</b>	<b>CPT or HCPC / San Francisco Proprietary Code</b>
<b>17</b>	Descriptive Praise	Instructing caregivers how to reinforce positive behavior and avoid negative comments by introducing specific techniques	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>18</b>	Giving Attention	Showing caregivers different approaches on subtle positive reinforcements		
<b>19</b>	Engaging Activities	Demonstrating to caregivers how to engage child in positive activities that are both interactive and independent. Instructing parent how to be attentive to child's mood.		
<b>20</b>	Setting a Good Example	Working with parents on modeling skills		
<b>21</b>	Incidental Teaching	Teaching caregivers how to capitalize on 1:1 time with their children by incorporating other activities such as problem solving skills. Documentation should reflect how these skills reduce problem behaviors and reinforce positive replacement behaviors.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>22</b>	Ask, Say, Do	Instructing caregivers how to use deconstructing technique with their child to break tasks down to promote understanding and promoting positive reinforcement techniques.		
<b>23</b>	Behavior Charts	Assisting the caregiver and child in developing behavioral charts targeting positive behaviors equating to concrete goals introduction of intermittent reinforcement to prolong positive change.		
<b>24</b>	Types of Behavior Charts	Assisting the caregiver in developing behavioral charts to measure change over time. Reviewing with caregiver types of behavioral charts.		
<b>25</b>	Ground Rules	Teaching caregivers how to set and enforce limits	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present)  <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>26</b>	Directed Discussion	Instructing caregiver how to positively remind and incorporate positive redirection techniques with the child.		
<b>27</b>	Planned Ignoring	Instructing caregivers how and when to "ignore" minor problem behavior and how to extinguish negative behaviors.		

	<b>Triple P Activity</b>	<b>Description</b>	<b>Activity</b>	<b>CPT or HCPC / San Francisco Proprietary Code</b>
<b>28</b>	Clear, Calm Instructions	Teaches caregivers communication skill-sets on how to effectively communicate with the child that promotes effective change.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>29</b>	Logical Consequences	Coach caregivers on allowing for natural or logical consequences for mild problem behaviors allowing the child to learn from his/her own choices/behaviors then having the caregiver provide alternatives or take corrective action with better outcomes.		
<b>30</b>	Quiet Time	Educate caregivers about the use of "quiet time" to address negative problem behaviors. Detail instruction on use and developmental/age appropriateness in choosing length of time.		
<b>31</b>	Time-out	Teaching caregivers on the concepts of "time-out" to remove child from others and reinforce self-calming skills.		
<b>32</b>	Compliance Routine	Coaching parents to use a "compliance routine" to gain compliance with requests for a new task allowing for the child's initial resistance, but cycling through with consequence for non-compliance and praise and positive reinforcement for compliance.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> -family: H2015/311
<b>33</b>	Behavior Correction Routine	Instructing the caregiver on the technique of offering alternatives to redirect negative behavior with a positive replacement behavior.		
<b>34</b>	Session Two Close	Reviewing and summarizing mainpoints, reviewing parenting homework tasks, can include some role play an further discussion.		
<b>35</b>	Session Two Close	Scheduling Appointment	Administrative	<b>Non-Billable</b>



## Expanded Crosswalk: Level 3 Primary Care

### Session 3

	Triple P Activity	Description	Activity	CPT or HCPC / San Francisco Proprietary Code
<b>SESSION 3</b>				
<b>36</b>	Session 3 Agenda	Setting the agenda for Review with parent	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>37</b>	Update on Progress	Checking in with caregivers on child's progress regarding treatment intervention and outcomes. Identify obstacles or challenges, refine intervention strategies and update Client Plan of Care.	Plan Development	H2015/331
<b>38</b>	Other Issues	Address with caregiver other issues and include suggested interventions.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>39</b>	Other Issues	If caregiver contacts program outside of prescheduled appointment due to a crisis secondary to the client "blowing" out and is at risk (including property destruction, threats of self-harm or harm to others)	Crisis Intervention	H2011/371
<b>40</b>	Session Three Close	Review main points covered, review homework assignments with caregivers, including tracking monitoring behavior, role-play.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>41</b>	Session Three Close	Scheduling Appointment	Administrative	<b>Non-Billable</b>

**Expanded Crosswalk: Level 3 Primary Care**

**Session 4**

	<b>Triple P Activity</b>	<b>Description</b>	<b>Activity</b>	<b>CPT or HCPC / San Francisco Proprietary Code</b>
<b>SESSION 4</b>				
<b>42</b>	Session 4 Agenda	Setting the agenda for Review with parent	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>43</b>	Update on Progress	Review with caregivers monitoring, objectives, progress, other issues, homework tasks.	Plan Development	H2015/331
<b>44</b>	Update on Progress	Use the Goal Achievement Scale Worksheet/s to measure progress. Set future goals.	Collateral	<b>CPT staff (family):</b> 90846/482 (w/o client) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> H2015/311
<b>45</b>	Other Issues	Discuss other issues raised by caregivers. See previous reference for Crisis Intervention claiming.		
<b>47</b>	Session Four Close	Complete Posttest Assessment Measures	Case Management	<b>CPT staff:</b> 90882/600, <b>HCPC/Rehab:</b> T1017/391
<b>48</b>	Session Four Close	If there is no improvement, refer to a higher level of Triple P or another more intensive intervention		

## Expanded Crosswalk: Level 4 Group

### Session 1

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 1</b>							
1	Session 1: Positive Parenting	Review objectives including, but not limited to parental role in child's behavior pattern, set goals for change in child & parental behavior, how to monitor child's behavior; generalized must be made specific to claim as collateral	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503 HCPC/Rehab or Non-family: H2015/311	None
2	Causes of Child Behavior Problems	Educating caregivers about behavioral influences: genetics, environment/other influences. Assist caregivers in identifying relevant/possible and/or contributing influences.					
3	Accidental rewards for Misbehavior	Explaining and educating caregivers about rewarding bad behavior (secondary gain) by giving attention and/or reinforcing the misbehavior.					
4	Escalation Traps	Explaining and educating caregivers about unintentionally rewarding escalating behavior both for the caregiver and the child)					
5	Ignoring Good Behavior	Explaining and educating caregivers how not attending to good behavior does not reinforce good behavior.					
6	Watching Others	Sharing with caregivers how their child picks up their behaviors and can model negative behaviors they learn and observe...					
7	Giving Instructions	Educating caregivers about effective communication with their child.					

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
8	Emotional Messages	Training caregivers on the negative impact of "shaming" children into compliance.	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503  HCPC/Rehab or Non-family: H2015/311	None
9	Ineffective use of Punishment	Explaining to caregivers why "punishment" does not work.					Caveat: Do not go into the adult's person stressors or history since this can be construed as treating the caregiver, not educating the caregiver how their behavior impacts the child's behavior.
10	Caregivers' beliefs and expectations and other influences	Educating caregivers how beliefs and expectations as well other internalized and externalized factors can influence their attitude and relationship with their child resulting in negative outcomes that impact the child.					
11	Goals for Change	Targeting negative behaviors and identifying positive alternative outcomes and replacement behaviors by identifying skill-building and tasks associated with set behavioral goals.	Plan Development		CCR Title 9 §1810.232	H2015/331	None
12	Keeping Track of Children's Behavior	Parental instruction on how to track targeted behavior through Behavioral Diaries and Tallies; Recording on Behavioral charts/graphs	Collateral Group		CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503  HCPC/Rehab or Non-family: H2015/311	When documenting group sessions, need to provide systematic individualized feedback to specific targeted behaviors of the client (child) involved.
13	Summary of Session One	Review objectives including, but not limited to parental role in child's behavior pattern, set goals for change in child & parental behavior, how to monitor child's behavior; generalized must be made specific to claim as collateral					None

## Expanded Crosswalk: Level 4 Group

### Session 2

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 2</b>							
14	Session 2: Promoting Children's Development	Introducing caregivers to strategies to help promote child's age appropriate development by enhancing relationship and teaching child new skills.	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311	Can start from general, but need to individualize specifically to how this approach will benefit the client.
15	Developing Positive Relationships: Spend Quality Time	Educating caregivers on the value of quality time, its value and recommended frequencies.					
	Developing Positive Relationships: Talk with Child	Teaching caregivers how to take time to engage with child by showing interest, instruction on social skills.					
	Developing Positive Relationships: Show Affection	Instructing caregivers on integrating affection when engaging their children					
16	Encouraging Desirable Behavior: Praise	Showing caregivers how praise can promote positive behavior.					
	Encouraging Desirable Behavior: Attention	Encouraging caregivers to use non-verbal cues that support and positively reinforce client (winking, smiling, patting on back)					
	Encouraging Desirable Behavior: Engaging Activities	Providing caregivers ideas on engagement activities that encourage independence and interests (planned activities, toys, outings)					
17	Teaching New Skills & Behaviors: Set a good example	Explaining to caregivers how children role model and how to model positive behavior.					
	Teaching New Skills & Behaviors: Incidental Teaching	Educating caregivers on how to motivate their child to want to learn and/or change.					
	Teaching New Skills & Behaviors: Ask, Say, Do - Praise - Repeat	Instructing caregivers on step by step intervention techniques to promote cooperation and reinforce agreement.					
	Teaching New Skills and Behaviors: Behavioral Charts	Educating caregivers how beliefs and expectations as well other internalized and externalized factors can influence their attitude and relationship with their child resulting in negative outcomes that impact the child.					
18	Summary	Review of Parenting strategies.					

## Expanded Crosswalk: Level 4 Group

### Session 3

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 3</b>							
19	Session Three: Managing Misbehavior	Introducing caregivers to the concepts of "limit setting" and "positive redirection".					
20	Managing Misbehavior: Establishing Ground Rules	Assisting caregivers in understanding the need for setting and providing limits and sharing these limits with children.	Collateral Group	Mental Health	CCR Title 9 §1810.206	<b>CPT staff (family):</b> 90846/482 or 90847/503 <b>HCPC/Rehab or Non-family:</b> H2015/311	None
	Managing Misbehavior:: Direct Discussion w/rule breaking	Showing caregivers how to better communicate consequences to rule breaking and redirect behavior					
	Managing Misbehavior:: Planned Ignoring	Providing caregivers with communication techniques on how to effectively redirect a child's negative behavior and apply positive discipline.					
	Managing Misbehavior:: Clear, Calm Instructions						
	Managing Misbehavior:: Close Proximity & Attention						
Managing Misbehavior:: Specificity, Time, Praise, Repetition, Use of Logical Consequences, withdraw & return to activities, additional consequences, use of quiet time & time-outs							
21	Compliance & Behavior Correction Routines	Coaching caregivers on using Giving instructions coupled with praise for compliance or logical consequences for resistance loop.					
22	Behavioral Charts	Showing caregivers how to set goals and Incorporating strategies for Managing Misbehavior into a behavioral chart					
23	Summary of Session Three	Review with caregivers the strategies for managing and redirecting children's misbehavior, including how to monitor changes in child's behavior.					

## Expanded Crosswalk: Level 4 Group

### Session 4

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 4</b>							
24	Session Four: Planning Ahead	Addressing with caregivers situations with their child that may present "high-risk", types of high-risk situations and how to be proactive and plan ahead.	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503 HCPC/Rehab or Non-family: H2015/311	None
26	Family Survival Tips: Teamwork	Working with other caregivers as support by linking caregivers on behalf of the child to other support groups	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	This activity can be easily disallowed if the child is not included in the documentation. Note how this activity will benefit the child since this is clearly for the caregivers benefit!
27	Family Survival Tips: Arguing	Educating parents how their interpersonal conflict and disagreement can distress the child.	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503 HCPC/Rehab or Non-family: H2015/311	None
28	Family Survival Tips: Support System	Working with other caregivers as support by linking caregivers on behalf of the child to other support groups	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	This activity can be easily disallowed if the child is not included in the documentation. Note how this activity will benefit the child since this is clearly for the caregivers benefit!
29	Family Survival Tips: Take Breaks	Advising caregivers to take care of themselves and take breaks away from their children.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	Non-claimable activity since the focus of service intervention is on the caregiver.
30	Planned Activities Routines	Educating caregivers how to plan for activities and develop a routine.	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503 HCPC/Rehab or Non-family: H2015/311	None
31	Telephone Sessions: Individual caregiver time spent with group leader	Working with individual caregivers outside the group concerning a specific child's issue/behavior	Collateral				Individual Collateral time can be claimed for phone contact or in-person contact.
32	Summary of Session Four	Review with caregivers High-Risk situations and tasks directly related to planning routine and strategies to managing and redirecting their child including setting up homework to practice these skills with child.	Collateral Group				None

**Expanded Crosswalk: Level 4 Group**

**Sessions 5-8**

	<b>Triple P Activity</b>	<b>Description</b>	<b>Activity</b>	<b>Type of Service</b>	<b>Relevant Regulatory Code</b>	<b>CPT or HCPC / San Francisco Proprietary Code</b>	<b>Special Instructions or CAVEATS</b>
<b>SESSION 5-7</b>							
<b>33</b>	Session Five, Six, Seven: Implementing Parenting Routines I, II & III	Telephone contact with caregiver for the specific follow-up regarding progress of intervention strategies' effectiveness	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503  HCPC/Rehab or Non-family: H2015/311	None
<b>SESSION 8</b>							
<b>34</b>	Session Eight: Program Close	Identify and review previous session and topics of intervention and strategies to address negative behavior. Review potential obstacles and how to maintain change and progress.	Collateral Group	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503  HCPC/Rehab or Non-family: H2015/311	None



## Expanded Crosswalk: Level 4 Standard

### Session 1

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 1</b>							
<b>1</b>	Session One First Appointment	Rapport building, Initial Interview, identifying the problem behaviors (presenting problem) and their origin. Introduce concept of tracking child's behavior, goals and objectives.	Assessment	Mental Health	CCR Title 9 §1810.204	Full Assess: 90801/570 Brief Assess: H2015/331	None
<b>2</b>	Initial Interview	Assessment of child's developmental, educational, situational, and familial history of child and identified presenting behavior(s).	Assessment	Mental Health	CCR Title 9 §1810.204	Full Assess: 90801/570 Brief Assess: H2015/331	
<b>3</b>	Track Child's Behavior	Parental instruction on how to track targeted behavior through Behavioral Diaries and Tallies; Recording on Behavioral charts/graphs	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present)  HCPC/Rehab or Non-family: H2015/311	
<b>4</b>	Summary	Review session and homework assignments	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present)  HCPC/Rehab or Non-family: H2015/311	

## Expanded Crosswalk: Level 4 Standard

### Session 2

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 2</b>							
5	Session Two Assessment of Findings	Observation and assessment of family dynamics.	Assessment	Mental Health	CCR Title 9 §1810.204	Full Assess: 90801/570 Brief Assess: H2015/331	None
		Discussion of contributing factors or influences for behavior observed and plan goals for change.	Plan Development			H2015/331	
6	Causes of Child Behavior Problems	Educating caregivers about behavioral influences: genetics, environment/other influences. Assist caregivers in identifying relevant/possible and/or contributing influences regarding their own child's behavior.	Collateral	Mental Health	CCR Title 9 §1810.232	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	CAVEAT: Do not go into the adult's person stressors or history since this can be construed as treating the caregiver, not educating the caregiver on how their behavior impacts the child's behavior.
7	Accidental rewards for Misbehavior	Explaining and educating caregivers about rewarding bad behavior (secondary gain) by giving attention and/or reinforcing the misbehavior.					
8	Escalation Traps	Explaining and educating caregivers about unintentionally rewarding escalating behavior both for the caregiver and the child					
9	Ignoring Good Behavior	Explaining and educating caregivers how not attending to good behavior does not reinforce good behavior.					
10	Watching Others	Sharing with caregivers how their child picks up their behaviors and can model negative behaviors they learn and observe...	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
11	Giving Instructions	Educating caregivers about effective communication with their child.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
12	Emotional Messages	Training caregivers on the negative impact of "shaming" children into compliance.					
13	Ineffective use of Punishment	Explaining to caregivers why "punishment" does not work.					
14	Caregivers' beliefs and expectations and other influences	Educating caregivers how beliefs and expectations as well other internalized and externalized factors can influence their attitude and relationship with their child resulting in negative outcomes that impact the child.			CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	CAVEAT: Do not go into the adult's person stressors or history since this can be construed as treating the caregiver, not educating the caregiver how their behavior impacts the child's behavior.
15	Goals for Change	Targeting negative behaviors and identifying positive alternative outcomes and replacement behaviors by identifying skill-building and tasks associated with set behavioral goals.	Plan Development		CCR Title 9 §1810.232	H2015/331	
16	Homework: Keeping Track of Children's Behavior	Parental instruction on how to track targeted behavior through Behavioral Diaries and Tallies; Recording on Behavioral charts/graphs	Collateral		CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
17	Summary of Session Two	Review objectives including, behavioral observations, possible causes of child's behavior, set goals for change in child & parental behavior, how to monitor child's behavior. Preview to next session.					

## Expanded Crosswalk: Level 4 Standard

### Session 3

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 3</b>							
18	Session 3: Promoting Children's Development	Introducing caregivers to strategies to help promote child's age appropriate development by enhancing relationship and teaching child new skills.					
19	Ensuring a safe, engaging environment the environment.	Advising caregivers on creating an environment conducive to mental wellness and promote positive learning.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> HCPC/Rehab or Non-family: H2015/311	CAVEAT: To be billable intervention must be specific to the needs of the child. Potential risk of disallowance if too general.
20	Use of Assertive Discipline and Realistic Expectations	Instructing caregivers on techniques to redirect their child's negative behavior normalizing expectations based on child's stage of development.					Always keep the child in the documentation.
21	Taking care of self	Advising caregivers to take care of themselves and attend to their own needs.					Non-Claimable
22	Spend Quality Time	Educating caregivers on the value of quality time, its value and recommended frequencies.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	Can start from general, but need to individualize specifically to how this approach will benefit the client.
23	Talk with Child	Teaching caregivers how to take time to engage with child by showing interest, instruction on social skills.					None

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
24	Show Affection	Instructing caregivers on integrating affection when engaging their children	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) <b>HCPC/Rehab or Non-family:</b> client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
25	Praise	Showing caregivers how praise can promote positive behavior.					
26	Attention	Encouraging caregivers to use non-verbal cues that support and positively reinforce client (winking, smiling, patting on back)					
27	Engaging Activities	Providing caregivers ideas on engagement activities that encourage independence and interests (planned activities, toys, outings)					
28	Set a good example	Explaining to caregivers how children role model and how to model positive behavior.					
29	Incidental Teaching	Educating caregivers on how to motivate their child to want to learn and/or change.					
30	Ask, Say, Do Praise Repeat	Instructing caregivers on step by step intervention techniques to promote cooperation and reinforce agreement.					
31	Behavioral Charts	Educating caregivers how beliefs and expectations as well other internalized and externalized factors can influence their attitude and relationship with their child resulting in negative outcomes that impact the child.					
32	Summary of Session Three	Review of positive Parenting strategies including assignment of Homework assignments focused on child.					

## Expanded Crosswalk: Level 4 Standard

### Session 4

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 4</b>							
33	Session Four: Managing Misbehavior	Introducing caregivers to the concepts of "limit setting" and "positive redirection".	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
34	Establishing Ground Rules	Assisting caregivers in understanding the need for setting and providing limits and sharing these limits with children.					
35	Direct Discussion w/rule breaking	Showing caregivers how to better communicate consequences to rule breaking and redirect behavior					
36	Planned Ignoring	Providing caregivers with communication techniques on how to effectively redirect a child's negative behavior and apply positive discipline.					
37	Clear, Calm Instructions						
38	Close Proximity & Attention						
39	Specificity, Time, Praise, Repetition, Use of Logical Consequences, withdraw & return to activities, additional consequences, use of quiet time & time-outs						
40	Compliance & Behavior Correction Routines	Coaching caregivers on using Giving instructions coupled with praise for compliance or logical consequences for resistance loop.					
41	Behavioral Charts	Showing caregivers how to set goals and Incorporating strategies for Managing Misbehavior into a behavioral chart					
42	Summary of Session 4 and preview to next session	Review with caregivers the strategies for managing and redirecting children's misbehavior, including how to monitor changes in child's behavior.					

**Expanded Crosswalk: Level 4 Standard**

**Session 5-7 (Practice)**

	<b>Triple P Activity</b>	<b>Description</b>	<b>Activity</b>	<b>Type of Service</b>	<b>Relevant Regulatory Code</b>	<b>CPT or HCPC / San Francisco Proprietary Code</b>	<b>Special Instructions or CAVEATS</b>
<b>SESSIONS 5-7</b>							
43	Overview and Objectives	Provided either in the client's home or clinic. Addressing with caregivers goals of the session; assist caregiver in use of positive parenting strategies with their child.	Family Therapy or Collateral	Mental Health	CCR Title 9 §1810.250 or §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present)  HCPC/Rehab or Non-family: H2015/311	Use 90846/482 if child is not present. Use 90847/503 if child is present. Use 2015/311 if service is provided by non-licensed staff or if service is provided to "non-family" collaterals
44	Practice Task / Checklists	Working with caregivers on targeting and tracking behaviors using checklists.	Collateral	Mental Health	CCR Title 9 §1810.206	<b>CPT staff (family): 90846/482</b> (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
45	Summary of Session and preview to next session	Review with caregivers the strategies for managing and redirecting children's misbehavior, including how to monitor changes in child's behavior with use of checklist. Provide preview of next session.	Collateral	Mental Health	CCR Title 9 §1810.206	<b>CPT staff (family): 90846/482</b> (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	
46	Session Close	Scheduling Appointment	Administrative	Non-billable Non-reimbursable activities	CCR Title 9 §1840.312	<b>Non-Billable</b>	

## Expanded Crosswalk: Level 4 Standard

### Session 8

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 8</b>							
47	Session Eight: Planned Activities Training Overview and Objectives	Educating caregivers to expect improvement and situational challenges referred to as "high-risk times" and introducing planned activities and routines	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
48	Reviewing Progress	Working with caregivers on listing child's improvement as related to goals (see Plan of Care)	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	
49	Identifying High-Risk parenting situations	Having caregivers identify high-risk times with their child and assess and prioritize risk.	Assessment	Mental Health	CCR Title 9 §1810.204	Full Assess: 90801/570 Brief Assess: H2015/331	For brief assessment or updates all bill H2015/331
50	Planned Activities Routines: Preparation, rule setting, engaging activities, rewards and consequences, directions	Educating caregivers how to plan for activities and develop a routine, introducing rewards and consequences.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	
51	Summary of Session 8 and preview to next session	Review with caregivers how to mitigate high-risk situations. Review preparation strategies for managing and redirecting children's misbehavior, identifying rewards and consequences. Continue review on how to monitor changes in child's behavior with use of planned activities. Provide preview of next session.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
52	Session Eight Close	Scheduling Appointment	Administrative	Non-billable Non-reimbursable activities	CCR Title 9 §1840.312	Non-Billable	



## Expanded Crosswalk: Level 4 Standard

### Session 9

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 9</b>							
53	Session Nine: Implementing Planned Activities	Working with caregivers on practicing three planned activities. Reviewing positive parenting concepts and applying them with child.	Family Therapy or Collateral	Mental Health	CCR Title 9 §1810.250 or §1810.206		Use 90846/482 if child is not present. Use 90847/503 if child is present. Use 2015/311 if service is provided by non-licensed staff or if service is provided to "non-family" collaterals
54	Planned Activity: Encouraging Independent Play	Assisting caregiver in developing Planned Activities Checklist	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 or 90847/503 HCPC/Rehab or Non-family: H2015/311	None
55	Planned Activity: Review of Homework	Review of positive Parenting strategies what worked, what did not.					
56	Planned Activity: Further Planning	Development of addition planned activities.					
57	Planned Activity: Engaging Activities, Preparation, planning	Walking through with caregivers all steps for successful engagement and follow-through in a planned activity.					
58	Summary of Session 9 and preview to next session	Review with caregivers how to engage their child by establishing routines, how to manage and redirect children's misbehavior, identifying rewards and consequences. Highlight successes for end of program.					
59	Session Close	Scheduling last Appointment (planned appt. without child present)	Administrative	Non-billable Non-reimbursable activities	CCR Title 9 §1840.312	Non-Billable	

## Expanded Crosswalk: Level 4 Standard

### Session 10

	Triple P Activity	Description	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 10</b>							
70	Session Ten: Closure Session	Review survival tips and maintenance strategies to build off successes in parenting strategies.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
71	Family Survival Tips: Teamwork	Working with other caregivers as support by linking caregivers on behalf of the child to other support groups	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 <b>HCPC/Rehab: T1017/391</b>	<b>CAVEAT: This activity can be easily disallowed if the child is not included in the documentation. Be sure to include how this activity will benefit the child.</b>
72	Family Survival Tips: Arguing	Educating parents how their interpersonal conflict and disagreement can distress the child.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
73	Family Survival Tips: Support System	Working with other caregivers as support by linking caregivers on behalf of the child to other support groups	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 <b>HCPC/Rehab: T1017/391</b>	<b>CAVEAT: This activity can be easily disallowed if the child is not included in the documentation. Be sure to include how this activity will benefit the child.</b>
74	Family Survival Tips: Take Breaks	<b>Advising caregivers to take care of themselves and take breaks away from their children.</b>	<b>Non-Claimable</b>	<b>Non-Reimbursable</b>	<b>CCR Title 9 §1810.312(f)</b>	<b>Non-Billable</b>	<b>CAVEAT: Non-claimable activity since the focus of service intervention is on the caregiver.</b>
75	Phasing Out the Program	Educating caregivers on phasing out of program, including phasing out monitoring and use of intermittent reinforcement Review of Progress made, review maintenance strategies and future Problem Solving and Future Goals.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
77	Final Assessment	Providing caregivers with the "Assessment Booklet Two" questionnaire to complete reporting on change in parenting practices and child behavioral change.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	<b>CAVEAT: This activity can be easily disallowed if the child is not included in the documentation. Be sure to include how this activity will benefit the child.</b>

## Expanded Crosswalk: Level 5 Pathways

### Module 1: Parent Traps (Session 1)

	Section	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions and CAVEATS
<b>SESSION 1</b>							
1	Introduction: Avoiding Parent Traps	Discussing with caregiver what help or resources are available and linkage to those resources. Reviewing next steps/tasks.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None
2	Your Commitment	Obtaining a commitment to program and learning new parenting skills to reinforce change.					
3	Survival Tips	Reviewing with caregivers need for support either with the other caregiver or friends of community and taking breaks from parenting	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity, the focus of service intervention is on the caregiver.
4	Overview and Objectives	Reviewing common parent traps with caregivers. Introduction exercises for caregivers to redirect child behavior & changing their own perspective & approach. Identifying educational objectives regarding common parent traps.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
5	Session One Parent traps	Discussing with caregiver what are parent traps & normalizing the experience. Reviewing next steps/tasks. Defining common types of parenting traps specific to their child.					
6	Exercise One	Having the caregiver identify the type of parent traps they engage with their child.					
7	Exercise Two	Identifying how the caregiver currently manages their child's behavior; then educating caregiver how their actions have an emotional impact their child					
8	Exercise Three	Reviewing with caregivers their most recent negative reaction with their child to encourage empathy from child's perspective.					
9	Exercise Four	Further educating the parents how their negative behavior affects their child and its long term impact.					
10	Goals for Change	Identifying with the caregivers specific goals for change, quantifying and making it measurable with the uses of assigned homework and monitoring form.					
11	Summary	Reviewing the session and homework assignment working with their child.	Collateral			CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	

## Expanded Crosswalk: Level 5 Pathways

### Module 1: Parent Traps (Session 2)

	Section	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC /San Francisco Proprietary Code	Special Instructions and CAVEATS
<b>SESSION 2</b>							
12	Session Two: Overview and Objectives	Reviewing with Caregivers common parent traps. Exploring with caregivers their expectations and beliefs about child's development and introduce intervention techniques to switch off negative behavioral patterns and replace them with positive ones.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	None
13	Getting Tough	Instructing caregivers that harsh discipline and punishment is ineffective and can harm the child.					
14	Exercise 1-4	Working with parent on adjusting to reality based expectations and how their own life experience and perception of discipline (including mistaken or unhelpful explanations for their child's behavior) impact their child negatively.					
15	Exercise 5-6	Assisting caregivers in changing their thinking and beliefs about their child's behavior with "thought-switching strategies"					
16	Conclusion	Review with caregivers negative causes and alternative explanations for child's behavior. Learn new strategies and use of homework assignments to practice a change in thinking and understanding child's negative behavior.					

**Expanded Crosswalk: Level 5 Pathways  
Module 2: Anger (Session 1)**

	Triple P Activity	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 1</b>							
1	Introduction: Coping with Anger	Reviewing with caregivers importance of positive parenting, learning new skill-sets, & changing their way of thinking about their behavior & their child's behavior. Introduction to how to cope with their anger to better effect change with their child.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None
2	Your Commitment	Obtaining a commitment to program and learning new parenting skills to reinforce change.					
3	Survival Tips	Sharing with Caregivers the need for support each other &with the other caregiver or others in the community to share ideas & how to cope & decrease their own stress; also encourages taking breaks from parenting to care of themselves.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity, focus of service intervention is on the caregiver.
4	Overview & Objectives	Introducing caregivers to anger coping skills training and strategies to manage their anger and its effects on their parenting.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	CAVEAT: Must focus on how the intervention benefits the child or it will be disallowed.
5	Understanding Anger	Defining Anger and its negative consequences.	Possible Collateral NOTE: Potentially Not Claimable!				
6	Exercise 1: Anger & Behavior	Educating caregivers in understanding associated risks with anger. How this is written in Module is focused on the caregiver's risks. Describes when anger is a problem and places caregiver at risk of "losing control and hurting your child..."					
7	Exercise 2: How anger affects parenting	Having the caregiver describe their own signs and symptoms of their anger. (Note: should be linked to under what "circumstances" or "situations" with their own child!)					
8	Exercise 3: Physical signs of anger	Educating caregivers how to stop their anger from escalating. Describes anger cycle. (Must be linked to the child's behavior that triggers the escalation) and how to manage their anger.					
9	Exercise 4: Practice Breathing	Further educating caregiver on strategies to de-escalate their anger (breathing exercises and muscle relaxation techniques).	Non-Claimable				
10	Exercise 5: Personal Pleasant Scene	Working a visualization and Isometric Exercises with caregiver, and countdown and relaxation techniques to keep their anger in check.					
11	Exercises 6 & 7: Relaxation strategies.	Assisting caregivers by providing description of relaxation strategy exercises.					
13	Exercise 8: Setting goals for practice	Showing caregivers how to set aside goals and pleasurable activities to redirect their anger.					
14	Summary of Session	Reviewing the session and homework assignment working with the caregiver.					

**Expanded Crosswalk: Level 5 Pathways**  
**Module 2: Anger (Session 2)**

	Triple P Activity	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
<b>SESSION 2</b>							
15	Session Two: Overview and Objectives	Further educating caregiver on identifying negative thoughts and stressors that triggers anger and strategies on how to de-escalate their anger by learning and practicing anger coping-skills.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregiver.
16	Managing Anger: Exercise 2: Catching thoughts in Angry Reaction	Instructing caregivers on cognitive techniques to control thinking such as thought stopping					
17	Exercise 3: Developing anger coping statements	Showing caregivers how to develop anger coping statements and challenge their own thinking patterns and its negative influences. Provides caregiver an opportunity to reframe their statements (both internally and externally to their child)	Possible Collateral NOTE: Potentially Not Claimable!	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	CAVEAT: Must focus on how the on how the intervention benefits the child or it will be disallowed.
18	Exercise 4: Practicing How to challenge hot thoughts	Having caregivers practice on changing their negative thinking about their child including the situational triggers displayed by their child that lead to these negative thoughts and reactions.					
19	Exercise 5: Identifying High Risk Situation.	Working with caregivers on identifying high risk/stressful situations that involve their child that may potentially lead to losing their cool with the child.					
20	Exercise 6 & 7: Identifying coping strategies and devising a coping plan	Helping caregivers with coping strategies by identifying when they are frustrated & experiencing negative thoughts & replacing with positive alternatives when confronted with high risk/stressful situations with a defined plan	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregiver.
21	Summary of Session 2	Review with caregivers negative effects of anger on their child's behavior. Learn new strategies and use of homework assignments to practice a change in thinking and managing anger with coping strategies.	Possible Collateral NOTE: Potentially Not Claimable!	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	CAVEAT: Must focus on how the on how the intervention benefits the child or it will be disallowed.

**Expanded Crosswalk: Level 5 Enhanced  
Practice Module**

	<b>Triple P Activity</b>	<b>Triple P Activity</b>	<b>Activity</b>	<b>Type of Service</b>	<b>Relevant Regulatory Code</b>	<b>CPT or HCPC / San Francisco Proprietary Code</b>
1	Introduction: Module 1, Supplementary Workbook	Reviewing with caregiver positive parenting strategies already learned. Providing feedback on their use and application with their child and parenting.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391
2	Your Goals, Your Commitment	Obtaining a commitment to program and declaration to complete Parenting program.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391
3	Overview and Objectives: Session 1	Usually conducted in the child's home, eliminating distractions, Setting up goals and objectives with caregiver(s) to practice managing problem behaviors by creating a checklist of steps to follow to reinforce child's behavioral change.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311
4	Overview and Objectives: Session 2	Usually conducted in the child's home, review of the previous session, eliminating distractions, Setting up goals and objectives with caregiver(s). Focus on educating caregiver(s) on how to track their child's problem behaviors with the use of Checklists.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311
5	Overview and Objectives: Session 3	Usually conducted in the child's home, review of the previous session, eliminating distractions, Setting up goals and objectives with caregiver(s). Continued practice on managing and tracking child's problem behaviors with the use of Checklists for managing interrupting, fighting/not sharing, aggression, managing temper outbursts, and whining.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311
6	Each Session Closing	Scheduling Appointment	Administrative	Non-billable Non-reimbursable activities	CCR Title 9 §1840.312	Non-Billable

**Expanded Crosswalk: Level 5 Enhanced  
Coping Module**

	Triple P Activity	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
1	Introduction: Module 2, Supplementary Workbook	Reviewing with caregiver positive parenting strategies to promote their child's development.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None
2	Your Goals, Your Commitment	Obtaining a commitment to program and declaration to complete Parenting program.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None
3	Overview and Objectives: Session 1 Understanding Emotions	Focused on components of coping skills training. Focus is the introduction of relaxation techniques and monitoring one's own negative thoughts and emotions.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregivers.
4	Overview and Objectives: Session 2 Challenging Unhelpful Thoughts	Focused on components of coping skills training. Focus is on replacing unhelpful thoughts with self-supportive coping statements.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregivers.
5	Overview & Objectives: Session 3 Coping Plans	Developing with caregiver's personal coping plans for dealing with distress.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregivers.
6	Each Session Closing	Scheduling Appointment	Administrative	Non-billable Non-reimbursable activities	CCR Title 9 §1840.312	Non-Billable	



**Expanded Crosswalk: Level 5 Enhanced  
Partner Support Module**

	Triple P Activity	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
1	Introduction: Module 3, Supplementary Workbook	Reviewing with caregiver positive parenting strategies to promote their child's development by looking at self and managing stresses and demands of parenting	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregivers.
2	Your Goals, Your Commitment	Obtaining a commitment to program and declaration to complete Parenting program.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None
3	Overview and Objectives: Session 1 Supporting Your Partner	Focused on supporting each other's parenting efforts and communicate with each other by providing constructive feedback and casual conversation.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	CAVEAT: Non-claimable activity since the focus of service intervention is on the caregivers.
4	Overview and Objectives: Session 2 Problem-Solving	Focused on components of supporting each other as a couple and how to effectively resolve disagreements regarding parenting issues.					
5	Overview and Objectives: Session 3 Showing you Care	Educating caregiver(s) on how to enhance their relationship with their partner.					
6	Each Session Closing	Scheduling Appointment	Administrative	Non-billable Non-reimbursable activities	CCR Title 9 §1840.312		Non-claimable

**Expanded Crosswalk: Level 5 Enhanced  
Maintenance and Closure Module**

Triple P Activity	Triple P Activity	Activity	Type of Service	Relevant Regulatory Code	CPT or HCPC / San Francisco Proprietary Code	Special Instructions or CAVEATS
Introduction: Module 4, Supplementary Workbook Maintenance and Closure	Reviewing with caregiver positive parenting strategies to promote their child's development by looking at self and managing stresses and demands of parenting by reviewing all previous modules.	Non-Claimable	Non-Reimbursable	CCR Title 9 §1810.312(f)	Non-Billable	<b>CAVEAT: Non-claimable activity since the focus of service intervention is on the caregivers.</b>
Your Goals, Your Commitment	Obtaining a commitment to program and declaration to complete parenting program.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None
Overview and Objectives: Session 1 Maintenance and Closure	Focused on how to maintain changes made with emphasis on using positive parenting strategies and review progress made and practice devising routines to prevent future problems from occurring in high risk situations. Phasing out of the program.	Collateral	Mental Health	CCR Title 9 §1810.206	CPT staff (family): 90846/482 (client not present) or 90847/503 (client present) HCPC/Rehab or Non-family: H2015/311	<b>CAVEAT: Must focus on how the intervention benefits the child or it will be disallowed.</b>
Summary of Session	Review objectives set Homework. Congratulate on successful completion of program.	Case Management	Case Management	CCR Title 9 §1810.249	CPT staff: 90882/600 HCPC/Rehab: T1017/391	None

## **Contact Information**

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