

POSITIVE PARENTING CLASS

WESTERN ADDITION FAMILY RESOURCE CENTER



TRIPLE P

This free 12 week program aims to help parents/caregivers improve their parenting skills and build positive relationships with children ages 2-12. Some topics include:

- Managing misbehavior
- Recognizing and understanding your anger
- Managing your anger
- Parent/child relationships



WHEN:

Every Monday starting
April 30th

WHERE:

Western Addition
Family Resource Center
1426 Fillmore St. Suite
303
San Francisco, CA
94115

TIME: 4:30-6:30PM

**Dinner and childwatch will
be provided!**

**For more information,
contact Cristian Lemus at:**

Phone: (415) 202-9770

Email: clemus@ymcasf.org



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



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A Program of Urban Services YMCA
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