



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

POSITIVE PARENTING EDUCATION

Bayview Hunter's Point YMCA

Family Resource Center **Positive Parenting Education**

12 week parenting education class for
parents and caregivers who have
children between the ages 2-12 years.

Registration Required!

When: Tuesday's
August 6 to October 15, 2024

Time: 5:30 PM -7:00 PM

Location:

1601 Lane St, 3rd floor
San Francisco CA 94124

Sessions

Session 1: Introductions/Orientation

Session 2: Principles of Positive Parenting

Session 3: Positive Parenting Continued

Session 4: Parent-Child Relationships

Session 5: Teaching New Skills

Session 6: Managing Misbehavior

Session 7: Planning Ahead & Parent Traps

Session 8: Getting out of Parent Traps

**Session 9: Recognizing & Understanding
your Anger**

Session 10: Managing your Anger

Session 11: Family Survival/ Post test

Session 12: Graduation

For questions or registration : Cherrelle Garrett (415) 696-8801 or email: cgarrett@ymcasf.org