



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY



San Francisco Department of  
**Early Childhood**

## Positive Parenting Education

12 week parenting education class  
for parents and caregivers who have  
children between the ages 2-12 years.

### Registration Required!

When: Tuesday's  
January 13th to March 31, 2026  
Time: 5:00pm-7pm

**Location:**  
1601 Lane St,  
San Francisco CA 94124

## Sessions

- Session 1: Introductions/Orientation
- Session 2: Principles of Positive Parenting
- Session 3: Positive Parenting Continued
- Session 4: Parent-Child Relationships
- Session 5: Teaching New Skills
- Session 6: Managing Misbehavior
- Session 7: Planning Ahead & Parent Traps
- Session 8: Getting out of Parent Traps
- Session 9: Recognizing & Understanding your Anger
- Session 10: Managing your Anger
- Session 11: Family Survival/ Post test
- Session 12: Graduation



**BAYVIEW HUNTERS POINT YMCA**

For registration or questions call The Family Resource Center at 415-822-9404