



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



San Francisco Department of
Early Childhood

Positive Parenting Education

12 week parenting education class
for parents and caregivers who have
children between the ages 2-12 years.

Registration Required!

When: Monday's
August 3rd-October 19th, 2026

Time: 4:30pm-6:30pm

Location:

1601 Lane St,
San Francisco CA 94124

Sessions

- Session 1: Introductions/Orientation
- Session 2: Principles of Positive Parenting
- Session 3: Positive Parenting Continued
- Session 4: Parent-Child Relationships
- Session 5: Teaching New Skills
- Session 6: Managing Misbehavior
- Session 7: Planning Ahead & Parent Traps
- Session 8: Getting out of Parent Traps
- Session 9: Recognizing & Understanding your Anger
- Session 10: Managing your Anger
- Session 11: Family Survival/ Post test
- Session 12: Graduation



BAYVIEW HUNTERS POINT YMCA

For registration or questions call The Family Resource Center at 415-822-9404