

A MODERN GUIDE TO

# PARENTING TWEENS/TEENS

IN THE DIGITAL AGE  
AND DURING COVID?!

**AS IF!**

SUNSET YOUTH SERVICES'  
TEEN TRIPLE P IS BACK!!!

FOR  
PARENTS OF  
TEENAGERS  
11-17

BUILD & MAINTAIN  
A RELATIONSHIP  
WITH YOUR TEEN



SUNSET YOUTH SERVICES'

# **TEEN TRIPL E P**

TUEDSDAYS ZOOM 6-8PM

FEBRUARY 2 - APRIL 13

ZOOM LINK WILL BE EMAILED

## **TRIPLE P HELPS YOU:**

**-RAISE HAPPY, CONFIDENT  
TEENS/TWEENS**

**-MANAGE MISBEHAVIOR SO  
EVERYONE IN THE FAMILY  
ENJOYS LIFE MORE**

**-SET RULES AND ROUTINES THAT  
EVERYONE RESPECTS AND FOLLOWS**

**-ENCOURAGE BEHAVIOR YOU LIKE**

**-TAKE CARE OF YOURSELF  
AS A PARENT**

**-FEEL CONFIDENT YOU'RE DOING  
THE RIGHT THING!**

**FOR MORE INFO. CONTACT**

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